

## Led walk around Toll Bar Park with a nature activity

## Every Thursday 2.00pm - 3.00pm

The walk will begin and end at the entrance on Linden Walk and includes a nature activity.

The route is **0.4 miles** and takes approx. **30 minutes.** 



A gentle walk around the pathways of Toll Bar Park, walking past the play area towards the monument and seating area, using flat, well maintained paths. This walk is suitable for wheelchairs and mobility aid and there will be the opportunity to rest at the seating area before completing the route.

All abilities and fitness levels are welcome.



Book your FREE session or find out more by scanning the QR code, clicking the link to our webpage or contacting us! www.yourlifedoncaster.co.uk/ride-stride-and-thrive

Email: ridestrideandthrive@doncaster.gov.uk

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